

# Medical Career Pathways with Bendigo Health

## Mental Health Stream HMO – PGY2+

The Mental Health HMO stream positions are suitable for applicants seeking a 12 month position within a sought after regional health service. Rotations will consist of four, thirteen week rotations in a range of inpatient and community based mental health areas. Rotations will be matched to candidates to best suit career objectives wherever possible.

These may include:

### Inpatient Units

- Adult Acute Unit
- Older Persons Unit
- Extended Care Unit
- Parent & Infant Unit

### Community Teams

- Adult PARC
- Youth PARC
- Community Care Unit
- Dual Diagnosis Rehabilitation Unit
- Youth Community Mental Health team
- Adult Community Mental Health team

### Positions available

- 4 Mental Health HMO Positions – recruited through the PMCV Match process.

### Teaching Opportunities

- Regular unit based education and training is available to all JMOs
- Supervisors of Training and Directors of Training available to provide support and guidance
- Supported attendance for weekly Intern Education and fortnightly HMO Education
- Dedicated local Mental Health Co-ordinator of Training available to provide support and guidance specifically within Mental Health Services
- Support to take Professional Development leave to attend relevant courses and conferences
- JMOs are supported to provide education to others including other professionals
- Multidisciplinary team education and training is provided
- Journal Club - weekly
- Case conference – weekly
- Medical Officer training – weekly
- Doctor In Training meeting - monthly
- Internal and External educational opportunities are advertised daily on our intranet and all doctors have access to this

## Training Pathway

Career Progression at Bendigo Health can include intern, PGY2/3 and registrar positions. All College training requirements can be completed without leaving Bendigo Health (depending on the focus of advanced training; e.g. sub-specialising in forensic psychiatry or child and adolescent psychiatry would require advanced training to be undertaken in Melbourne). There is a dedicated local Coordinator of Training (CoT), a position filled by one of our consultant psychiatrists, who ensures the training needs of all DiTs are met, not just registrars. One senior registrar or advanced trainee is also the nominated “Principal Registrar” at Bendigo Mental Health Services. The Junior Medical staffing group in Mental Health is tight knit and supportive, making the experience of working or training in Psychiatry within Bendigo Health Mental Health Services one which is connected and supportive. Support is available from the CoT, experienced registrars (including the principal registrar), your supervisor, your colleagues and the Clinical Director. The Clinical Director meets with all DiTs every month to address any issues which may arise from time to time.

### Contact

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Note: Information within this document is subject to change, this document was correct as of 4.04.2021